

# Discovery Notebook

For hundreds of years scientists and explorers have observed nature and recorded what they learned in notebooks with words and drawings. Join them and start your Discovery Notebook now!

## Discovery Notebook

### What you need:

Backpack or bag (to hold supplies), notebook or sketchbook, pencil, colored pencils or small paint kit, hat, sunscreen, water and your curiosity! Dress warmly in winter months. (Add other items of your choice.)

### What you do:

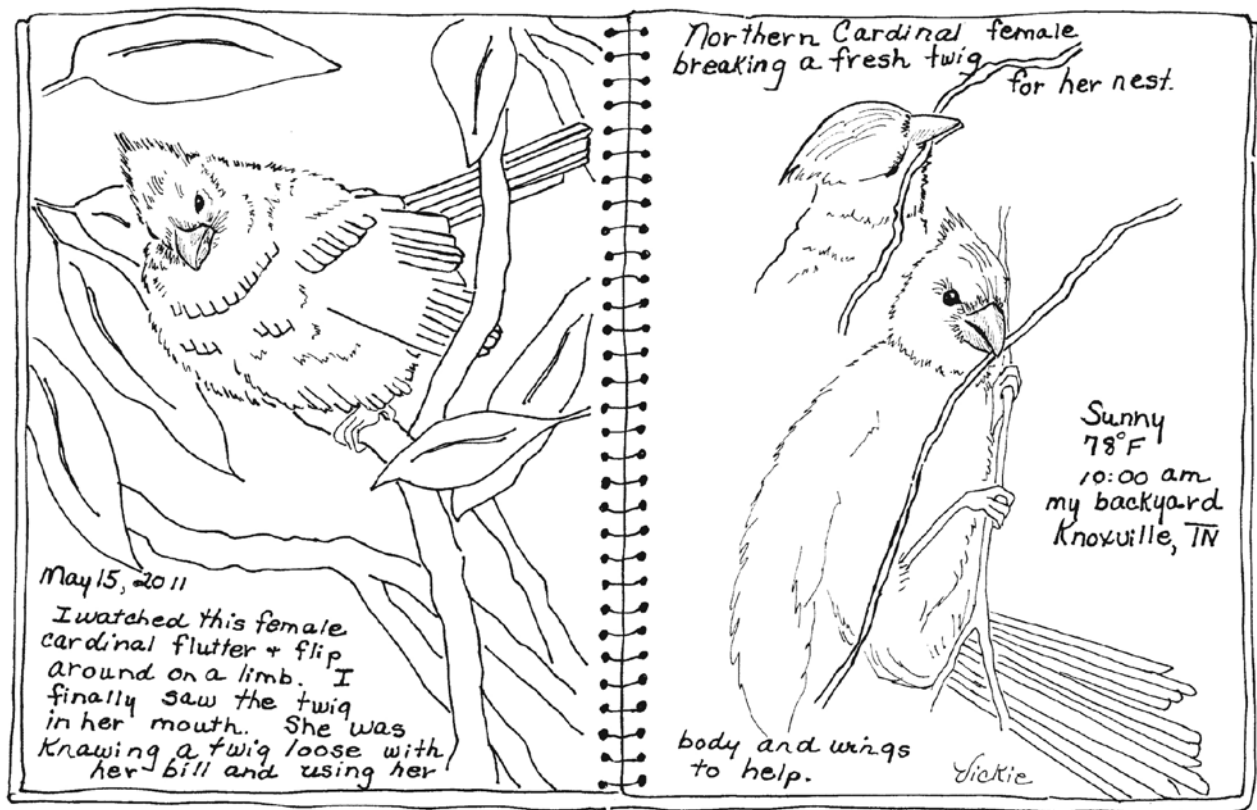
In your notebook write the date, time, weather and location. Now you're ready to start observing and recording what you find.

Describe what you see and experience with pictures and words. As a silent observer, you can see how birds and animals interact in their natural world.

Where do they live? What do they eat? How do they move? What sounds do they make? What surprises you?

Practice staying the right distance away. What do you notice happening when you are too close?

When you are unseen and unheard, you have the best chance of seeing the funny, the fun and the amazing things that happen in our natural world! Bring along your curiosity and your notebook, and anything — anything can happen!



## Young Birder's Reading List:

1. *Flute's Journey, The Life of a Wood Thrush* by Lynne Cherry
2. *A Temperate Forest Food Chain, A WHO-EATS-WHAT Adventure in North America* by Rebecca Hogue Wojahn and Donald Wojahn; [www.lernerbooks.com](http://www.lernerbooks.com)
3. *Birds, Nests and Eggs* by Mel Boring; NorthWord Press [www.northwordpress.com](http://www.northwordpress.com)
4. *Birds At My Feeder* by Bobbie Kalman; Crabtree Publishing Company [www.crabtreebooks.com](http://www.crabtreebooks.com)
5. *Bald Eagle Road to Recovery* by Susan H. Gray; Cherry Lake Publishing [www.cherrylakepublishing.com](http://www.cherrylakepublishing.com)
6. *The Peterson First Guides: Birds, The concise field guide to 188 common birds of North America* by Peterson Field Guides; <http://www.amazon.com/Peterson-First-Guide-Birds-America/dp/0395906660>
7. *Whoop Dreams: The Historic Migration* by Jane Duden [www.perfectionlearning.com/viewProduct.php?productID=3957201](http://www.perfectionlearning.com/viewProduct.php?productID=3957201)
8. *The Young Birder's Guide to Birds of North America* by Bill Thompson III <http://www.birdwatchersdigest.com/shop/>